

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



*Activities may vary

Assisted Living

FEBRUARY 2024

"February is the border between winter and spring"



<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:30 Bingo- AR 3:15 Bingo- AR 5:30 Movie Night- AR (See posting)</p>	<p>9:15 Morning Walk 10:30 CVS 10:30 Volleyball - LR 11:15 Brent's Deli 11:15 Stretch & Flex- AR 1:30 Bingo- AR 3:15 Painting w/ Oscar- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 In & Out Burger 11:15 Sit & Fit- LR 1:15 Trivia Tuesday w/ Emma- AR 2:30 Zumba Gold- LR 3:30 Poker- AR</p>	<p>Mardi Gras 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 1:15 Arts & Crafts w/ Theresa- AR 2:30 Rummikub- AR 3:30 Mardi Gras Happy Hour- LR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Celebration of Jewish Life w/ Rabbi Jim- AR 11:15 Sit & Fit- LR 1:30 Bingo- AR 3:15 Gabfest- AR</p>	<p>Groundhog Day 9:15 Morning Walk 10:00 Trader Joe's 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:00 Costco 1:15 Yoga- LR 2:30 Poker- AR 2:30 Ulta 3:30 Rummikub- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Mini Concert with Yosef - AR 11:15 Stretch & Flex-AR 1:30 Bingo- AR 3:30 Spa Day- AR 5:30 Movie Night (See Posting)- AR</p>
<p>Super Bowl LVIII Party 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:15 Super Bowl LVIII Party!- LR</p>	<p>9:15 Morning Walk 10:30 Walgreen's 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:15 Bullseye- AR</p>	<p>Valentine's Ball 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia Tuesday- AR 6:00 The Garden's Annual Valentine's Ball</p>	<p>9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:30 Bingo w/ Cecilia- AR 3:30 Valentine's Day Movie - LR Valentine's Day</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:30 Bingo- AR 2:00 Chase & B of A Banks 2:30 Wells Fargo Bank 3:15 Suzanne's Travels- LR</p>	<p>9:15 Morning Walk 10:30 Whole Foods 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Yoga- LR 2:30 Marshalls 2:30 Poker- AR 3:30 Rummikub- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Mini Concert w/ Yosef-AR 11:15 Stretch & Flex-LR 1:30 Amen Choir- LR 3:15 Tea Party- AR 5:30 Movie Night - LR (See posting)</p>
<p>9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:15 Poker- AR 5:30 Movie Night- LR</p>	<p>President's Day 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Thrift Shopping 1:30 Bingo- AR 3:15 Painting w/ Oscar- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia Tuesday w/ Emma- AR 2:30 Unity In Motion- LR 3:30 Poker- AR</p>	<p>9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 1:30 Root Beer Floats- AR 3:30 Charades- LR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Pinocchio's Restaurant 11:15 Sit & Fit- LR 1:30 Bingo- AR 3:00 Tax Fraud w/ Joe- AR</p>	<p>9:15 Morning Walk 10:30 Pavilion's 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Yoga- LR 2:00 Westfield Fashion Square 2:30 Poker- AR 3:30 Rummikub- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Mini Concert w/ Yosef-AR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 5:30 Movie Night- LR (See posting)</p>
<p>9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:15 Poker- AR 5:30 Movie Night- LR (See posting)</p>	<p>9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 2:00 CVS 3:15 Bullseye- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia Tuesday w/ Emma - LR 2:30 Zumba Gold- LR 3:30 Poker- AR</p>	<p>9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:30 Happy Hour Greet & Meet- LR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 11:25 Green Apple Restaurant 1:30 Bingo- AR 3:15 Arts & Crafts- AR</p>	<p>Key Note Living Room = LR Activity Room= AR Dining Room = DR "Though February Is Short, It is filled with lots of love and sweet surprises." </p>	
<p>9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:15 Poker- AR 5:30 Movie Night- LR (See posting)</p>	<p>9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 2:00 CVS 3:15 Bullseye- AR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia Tuesday w/ Emma - LR 2:30 Zumba Gold- LR 3:30 Poker- AR</p>	<p>9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:30 Happy Hour Greet & Meet- LR</p>	<p>9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 11:25 Green Apple Restaurant 1:30 Bingo- AR 3:15 Arts & Crafts- AR</p>	<p>Key Note Living Room = LR Activity Room= AR Dining Room = DR "Though February Is Short, It is filled with lots of love and sweet surprises." </p>	

Sunday

Monday

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Wednesday

Thursday

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Saturday

Memory Care

Activities May Vary

FEBRUARY 2024

"February is short and sweet"



<p>9:15 Sit & Fit 10:30 Walk & Chat 12:45 Bullseye 1:45 Karaoke 2:30 Sing Along 3:30 Racquetball 4:00 Garden Gabfest</p>				<p>9:15 Morning Walk 9:45 Soothing Exercise 10:30 Balloon Toss/ Kick 12:45 Arts & Crafts 2:30 Bingo 3:30 Travel w/ Emma</p>				<p>9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Art w/ Lina 12:45 Reading 101 1:45 Volleyball 2:30 Bingo 3:30 Zumba Gold!</p>				<p>Mardi Gras 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Busy Buddies 12:45 Writing Lesson 1:45 Bullseye 2:30 Family Feud 3:00 Happy Hour- Mardi Gras</p>				<p>9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing- Picnic Day 10:30 Sing-Along 11:00 Celebration of Jewish Life w/ Rabbi Jim- AL AR 12:45 Busy Buddies 1:30 Balloon Volleyball 2:30 Let's Dance 3:00 Bingo</p>				<p>9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Let's Travel 12:45 Show & Tell 2:15 Yoga w/ Jenny! 3:00 Sing-Along</p>				<p><u>Chinese New Year</u> 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Music Videos 12:45 Reading 101 2:00 History w/ Emma 2:30 Busy Buddies</p>			
<p>Super Bowl LVIII Party 9:15 Sit & Fit 10:30 Walk & Chat 12:45 Bullseye 1:45 Karaoke 2:30 Sing Along 3:00 Super Bowl Party!</p>				<p>9:15 Morning Walk 9:45 Soothing Exercise 10:30 Balloon Toss/ Kick 12:45 Arts & Crafts 1:45 Bingo 2:30 Let's Bake Cookies! 3:30 Sing Along</p>				<p><u>Valentine's Ball</u> 9:45 Stretch & Flex 10:30 Let's Dance w/ Lina 12:45 Reading 101 1:30 Busy Buddies 2:30 Sing A long 3:30 Math 101 6:00 Valentine's Ball- DR</p>				<p><u>Valentine's Day</u> 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Cookie Decorating 12:45 Math 101 1:45 Valentine's Day History 2:45 Tea Party! 3:15 Valentine's Day Dance</p>				<p>9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing- Sunshine & Fun! 10:30 Racquetball 12:45 Sing-Along 1:30 Lots of Dots 3:00 Travel w/ Emma</p>				<p>9:15 Happy Feet 9:45 Soothing Exercise 10:30 Let's Dance! 12:45 Trivia w/ Emma 2:30 Yoga w/ Jenny! 3:30 Family Feud</p>				<p>9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Garden Party! 12:45 Reading 101 2:00 Amen Choir 2:00 History w/ Emma 3:00 Kickball</p>			
<p>9:15 Sit & Fit 10:30 Walk & Chat 12:45 Bullseye 1:45 Karaoke 2:30 Sing Along 3:30 Racquetball 4:00 Travel w/ Emma</p>				<p><u>President's Day</u> 9:15 Morning Walk 9:45 Soothing Exercise 10:30 Kickball 12:45 Arts & Crafts 1:45 Let's Bake Cookies! 2:30 Bingo 3:30 History w/ Emma</p>				<p>9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Ball Toss 12:45 Reading 101 1:15 Puzzle Pieces 3:30 Unity In Motion</p>				<p>9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Reading w/ Rodrigo 12:45 Racquetball 1:30 Root Beer Floats w/ Rodrigo 3:00 Writing Lesson</p>				<p>9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing- Ducks & Fun! 10:30 Puzzle Pieces 12:45 Sing-Along 1:30 Lots of Dots 2:30 Mozart Classical Music</p>				<p>9:15 Happy Feet 9:45 Soothing Exercise 10:30 Balloon Volleyball 12:45 Let's Travel 2:30 Yoga W/ Jenny! 3:30 Bullseye!</p>				<p>9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Music Videos 12:45 Reading 101 2:00 History w/ Emma 3:00 Show & Tell</p>			
<p>9:15 Sit & Fit 10:30 Walk & Chat 12:45 Bullseye 1:45 Karaoke 2:30 Sing Along 3:30 Racquetball 4:00 Garden Gabfest</p>				<p>9:15 Morning Walk 9:45 Soothing Exercise 10:30 Balloon Toss/ Kick 12:45 Ice Cream & Sunshine 1:45 Charades 2:30 Bingo 3:30 Busy Buddies</p>				<p>9:15 Happy Feet 9:45 Stretch & Flex 10:30 Karaoke w/ Lina 12:45 Let's Dance 3:30 Zumba Gold! 3:15 Show & Tell</p>				<p>9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Current Events w/ Rodrigo 12:45 Darts w/ Rodrigo 1:45 Spa Day w/ Rodrigo 2:45 Happy Hour- Meet & Greet 3:15 Getting To Know You</p>				<p>9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing- Planes & Fun! 10:30 Racquetball 12:45 Sing-Along 1:30 Lots of Dots 3:00 Travel w/ Emma</p>				<p>"February is the border between winter and fall." Happy February <small>Key Note Dining Room= DR</small></p>							