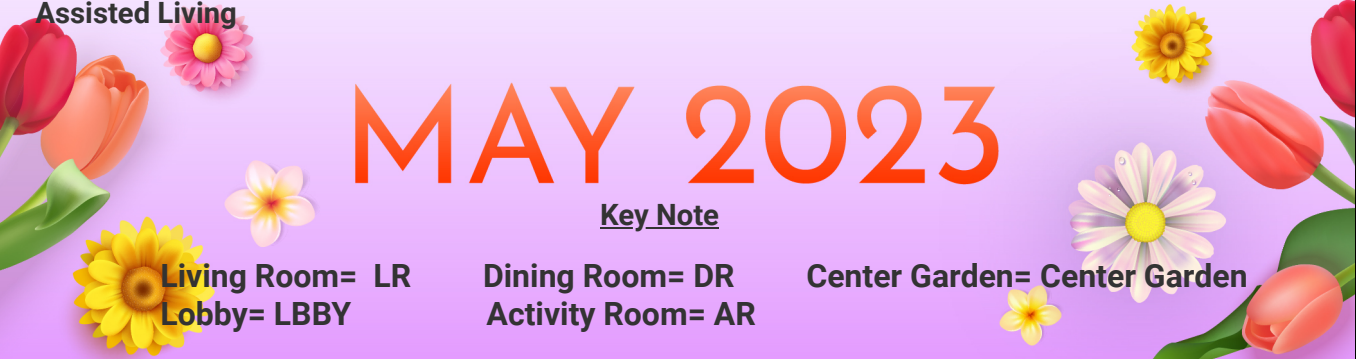


| Sunday                                                                                                                                                                                                   | Monday                                                                                                                                                                                                    | Tuesday                                                                                                                                                                                                                                   | Wednesday                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                            | Saturday                                                                                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| * Activities may vary<br>                                                                                                | <u>May Day</u> <b>1</b><br>9:00 Book Club- LR<br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:30 Bingo- AR<br>3:30 Arts & Crafts- AR                                       | <u>National Teacher's Day</u> <b>2</b><br>9:15 Walk & Chat<br>10:45 Volleyball- LR<br>11:15 Sit & Fit- LR<br>1:15 Trivia w/ Emma- AR<br>2:30 Pretty Nails- AR<br>3:00 Rummikub- AR                                                        | <u>Bing Day</u> <b>3</b><br>9:15 Walk for Wellness<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex - LR<br>1:15 Bingo- AR<br>3:15 Poker- AR<br>5:30 Movie Night (See Post)- LR                                                                      | <u>May The 4th Be with You</u> <b>4</b><br>9:15 Walk & Chat<br>10:30 California Science Ctr.<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>12:30 Star Wars Movie<br>Marathon- LR<br>1:30 Bingo- AR<br>3: 15 Rummikub- AR                                                                                                                                                             | <u>Cinco De Mayo</u> <b>5</b><br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>12:30 Cinco De Mayo<br>Celebration!!!- DR<br>2:00 Board Games- AR<br>5:30 Movie Night (See Post) - LR                                                  | <u>Flower May Day</u><br><u>Kentucky Derby</u> <b>6</b><br>9:15 Bocce Ball<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex-LR<br>1:30 Bingo- AR<br>3:00 Seed Planting<br>3:45 Kentucky Derby- LR |
| <u>Cosmopolitan Day</u> <b>7</b><br>9:15 Bullseye- AR<br>10:30 Volleyball - LR<br>11:15 Sit & Fit - LR<br>1:30 <b>Grace Community<br/>Church Services- LR</b><br>1:30 Bingo- AR<br>3:15 Poker- AR        | <b>8</b><br>9:00 Book Club- LR<br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:30 Bingo- AR<br>3:30 Jewelry Making AR                                                      | <u>Casino Day</u> <b>9</b><br>8:30 Morongo Casino- LR<br>9:15 Walk & Chat- LBBY<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>1:15 Trivia w/ Emma- AR<br>2:15 SL Intro. w/ Carl- AR<br>3:30 Poker- AR<br>tio                          | <u>World Lupus Day</u> <b>10</b><br>9:15 Walk for Wellness<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex - LR<br>1:15 Bingo - AR<br>3:00 Spa Day- AR<br>4:00 Rummikub- AR                                                                         | <u>Twilight Zone Day</u> <b>11</b><br>9:15 Walk & Chat<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>1:00 Arts & Crafts w/<br>Theresa- AR<br>3:15 Rummikub- AR<br>5:30 Movie Night (See Post) - LR                                                                                                                                                                                   | <u>Fibromyalgia Awareness Day</u> <b>12</b><br><u>Military Spouses Day</u><br>9:15 Morning Walk<br>10:00 Target, Ross, Ulta & Banks<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:15 Bingo- AR<br>2:15 Trader Joe's- LBBY<br>3:00 Spanish w/ Ruby- AR | <b>13</b><br>9:15 Bocce Ball<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex-LR<br>1:30 Bingo- AR<br>3:00 <b>Painting w/Rodrigo- AR</b>                                                          |
| <u>Mother's Day</u> <b>14</b><br>9:15 Bullseye- AR<br>10:30 Volleyball - LR<br>11:15 Sit & Fit - LR<br>12:30 <b>Mother's Day<br/>Celebration!</b><br>2:00 Rummikub- AR<br>National Skilled Nursing Week  | <b>15</b><br>9:00 Book Club- LR<br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:30 Bingo- AR<br>3:30 Arts & Crafts- AR                                                     | <u>Henry Ford Day</u> <b>16</b><br>9:15 Walk & Chat<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>1:15 Trivia w/ Emma- AR<br>2:30 Joe's Lesson Of the<br>Month- AR<br>3:30 Poker- AR<br>3:45 Rummikub- AR<br>5:30 Documentary: HF- LR | <u>Senior Citizen Day</u> <b>17</b><br><u>Hands Across America</u><br>9:15 Walk for Wellness<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex - LR<br>1:15 Bingo- AR<br>2:00 Rummikub- AR<br>3:00 Happy Hour!- RG<br>5:30 Movie Night (See Post)- AR | <b>18</b><br>9:15 Walk & Chat<br>10:30 Volleyball- LR<br>11:00 <b>Celebration of Jewish<br/>Life w/ Rabbi Jim- AR</b><br>11:15 Sit & Fit- LR<br>1:30 Medicare 101 w/ Remy- LR<br>2:30 SL Lesson w/ Carl- AR<br>3:30 Suzanne's Travels- AR                                                                                                                                                | <b>19</b><br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:15 Yoga- LR<br>2:15 Sherman Oaks Mall<br>2:30 Spanish w/ Ruby- AR<br>3:30 Poker- AR                                                                                      | <u>Armed Forces Day</u> <b>20</b><br>9:15 Bocce Ball<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex-LR<br>1:15 Bingo-AR<br>3:00 <b>Ice Cream Social- LR</b>                                     |
| <u>Cultural Diversity Day</u> <b>21</b><br>9:15 Bullseye- AR<br>10:30 Volleyball - LR<br>11:15 Sit & Fit - LR<br>1:30 <b>Grace Community<br/>Church Services- LR</b><br>1:30 Bingo- AR<br>3:15 Poker- AR | <b>22</b><br>9:00 Book Club- LR<br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:30 Bingo- AR<br>3:30 Arts & Crafts                                                         | <b>23</b><br>9:15 Walk & Chat<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>1:15 Trivia w/ Emma- AR<br>2:30 Ruby's Rocks- LR<br>3:30 Rummikub- AR                                                                                     | <b>24</b><br>9:15 Walk for Wellness<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex - LR<br>1:15 <b>Resident Council- LR</b><br>1:30 <b>Towne Hall- LR</b><br>2:30 Board Games- AR                                                                  | <u>Star Wars Anniversary</u> <b>25</b><br>9:15 Walk & Chat<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>12:30 Star Wars Marathon- LR<br>1:30 Bingo w/ Kurt- AR<br>3:30 Lesson w/ Carl- AR<br>5:30 Movie Night (See Post)- LR                                                                                                                                                        | <b>26</b><br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:15 Yoga- LR<br>2:30 Spanish w/ Ruby- AR<br>3:30 Poker- AR                                                                                                                | <b>27</b><br>9:15 Bocce Ball<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex-LR<br>1:30 Bingo- AR<br>3:00 <b>Painting w/Rodrigo- AR</b>                                                          |
| <b>28</b><br>9:15 Bullseye- AR<br>10:30 Volleyball - LR<br>11:15 Sit & Fit - LR<br>1:30 Bingo- AR<br>3:15 Poker- AR                                                                                      | <u>Memorial Day</u> <b>29</b><br>9:00 Book Club- LR<br>9:15 Morning Walk<br>10:30 Volleyball - LR<br>11:15 Stretch & Flex- LR<br>1:30 Bingo- AR<br>3:30 Arts & Crafts<br>5:30 Movie Night (See Post) - LR | <b>30</b><br>9:15 Walk & Chat<br>10:30 Volleyball- LR<br>11:15 Sit & Fit- LR<br>1:15 Trivia w/ Emma- AR<br>2:30 Lesson w/ Carl- AR<br>3:45 Rummikub- AR                                                                                   | <u>Happy Birthday Clint Eastwood</u> <b>31</b><br>9:15 Walk for Wellness<br>10:30 Volleyball- LR<br>11:15 Stretch & Flex- LR<br>1:15 Bingo- AR<br>2:00 Rummikub- AR<br>3:00 Happy Hour!- LR<br>5:30 Movie Night (See Post)- LR                      | <div> <div>  <div> <div>Assisted Living</div> <div>MAY 2023</div> <div> <div>Key Note</div> <div> <div>Living Room= LR</div> <div>Lobby= LBBY</div> </div> <div> <div>Dining Room= DR</div> <div>Activity Room= AR</div> </div> <div>Center Garden= Center Garden</div> </div> </div> </div> </div> |                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                  |

| Sunday                                                                                                                                                                                                     | Monday                                                                                                                                                                                                                         | Tuesday                                                                                                                                                                                                                            | Wednesday                                                                                                                                                                                                      | Thursday                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                       | Saturday                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>* Activities may vary</div> <div>Safe Haven</div> <div>May<br/>your day<br/>be sunny<br/>and bright!</div>                                                                                            | <div>May Day 1</div> <div>9:15 Morning Walk<br/>9:45 Soothing Exercise<br/>10:30 Balloon Toss/ Kick<br/>12:45 Arts &amp; Crafts<br/>1:45 Let's Bake Cookies<br/>2:30 Bingo<br/>3:30 Garden Chat</div>                          | <div>National Teachers Day 2</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Card Match<br/>12:45 Reading 101<br/>1:45 Volleyball<br/>2:30 Pretty Nails w/ Lina<br/>3:30 Let's Dance</div>                   | <div>Bing Day 3</div> <div>9:15 Happy Feet Walk<br/>9:45 Soothing Exercise<br/>10:30 Show &amp; Tell<br/>12:45 Math with Rodrigo<br/>1:45 Bullseye<br/>3:30 Sing-Along<br/>5:30 Movie Time!</div>              | <div>May The 4th Be With You 4</div> <div>9:15 Walk &amp; Chat<br/>9:30 Sit &amp; Fit<br/>9:30 Outing w/ Oscar<br/>10:30 Kickball<br/>12:45 Sing Along<br/>1:30 Balloon Volleyball<br/>2:30 Star Wars Videos<br/>3:00 Jeopardy!</div>                | <div>Cinco De Mayo 5</div> <div>9:15 Happy Feet Walk<br/>9:45 Soothing Exercise<br/>10:30 Instrument Therapy<br/>12:30 Cinco De Mayo Celebration<br/>3:00 Bullseye<br/>3:30 Getting To Know You</div>                        | <div>6</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Music Videos<br/>12:45 Reading 101<br/>2:00 History w/ Emma<br/>3:00 Jeopardy!</div>                |
| <div>Cosmopolitan Day 7</div> <div>9:15 Sit &amp; Fit<br/>10:30 Walk &amp; Chat<br/>12:45 Ice Cream Social<br/>1:30 Bullseye<br/>2:30 Racquetball<br/>3:00 Pairing Socks</div>                             | <div>8</div> <div>9:15 Morning Walk<br/>9:45 Soothing Exercise<br/>10:30 Balloon Toss/ Kick<br/>12:45 Arts &amp; Crafts<br/>1:45 Bingo<br/>2:30 Sing-Alongs</div>                                                              | <div>9</div> <div>9:15 Happy Feet<br/>9:45 Stretch &amp; Flex<br/>10:30 Card Match<br/>12:45 Reading 101<br/>1:45 Racquetball<br/>2:30 Art w/ Lina<br/>3:30 Sing Along</div>                                                       | <div>World Lupus Day 10</div> <div>9:15 Happy Feet Walk<br/>9:45 Soothing Exercise<br/>10:30 Show &amp; Tell<br/>12:45 Math with Rodrigo<br/>1:45 Bullseye<br/>3:00 Garden Chat</div>                          | <div>11</div> <div>9:15 Walk &amp; Chat<br/>9:30 Sit &amp; Fit<br/>9:30 Outing w/ Oscar<br/>10:30 Kickball<br/>12:45 Sing Along<br/>1:30 Balloon Volleyball<br/>2:30 Dot Painting<br/>3:00 Bingo</div>                                               | <div>Fibromyalgia Awareness Day. Military Spouses Day. 12</div> <div>9:15 Happy Feet<br/>9:45 Soothing Exercise<br/>10:30 Let's Dance!<br/>12:45 Show &amp; Tell<br/>2:30 Garden Gabfest!<br/>3:00 Getting To Know You</div> | <div>13</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Music Videos<br/>12:45 Reading 101<br/>2:00 History w/ Emma<br/>3:00 Show &amp; Tell</div>         |
| <div>Mother's Day 14</div> <div>9:15 Sit &amp; Fit<br/>10:30 Walk &amp; Chat<br/>11:30 Easter Feast<br/>12:30 Mother's Day Celebration!<br/>3:00 Movie Time</div> <div>National Skilled Nursing Week</div> | <div>15</div> <div>9:15 Morning Walk<br/>9:45 Soothing Exercise<br/>10:30 Kickball<br/>12:45 Arts &amp; Crafts<br/>1:45 Let's Bake Cookies<br/>2:30 Bingo<br/>3:30 Sing- Along</div>                                           | <div>Henry Ford Day 16</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Card Match<br/>12:45 Reading 101<br/>1:45 Volleyball<br/>2:30 Pretty Nails w/ Lina<br/>3:30 Let's Dance<br/>4:00 HF Documentary</div> | <div>Senior Citizen Day. Hands Across America 17</div> <div>9:15 Happy Feet Walk<br/>9:45 Soothing Exercise<br/>10:30 Show &amp; Tell<br/>12:45 Racquetball<br/>1:15 Trivia<br/>3:00 Happy Hour</div>          | <div>18</div> <div>9:15 Walk &amp; Chat<br/>9:30 Sit &amp; Fit<br/>9:30 Outing w/ Oscar<br/>10:30 Racquet Ball<br/>11:00 Celebration of Jewish Life- AR<br/>12:45 Sing Along<br/>1:30 Arts &amp; Crafts<br/>2:30 Card Match<br/>3:00 Jeopardy!</div> | <div>19</div> <div>9:15 Happy Feet<br/>9:45 Soothing Exercise<br/>10:30 Let's Dance!<br/>12:45 Trivia<br/>2:30 Yoga w/ Jenny!<br/>3:00 Getting To Know You</div>                                                             | <div>Armed Forces 20</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Garden Party!<br/>12:45 Reading 101<br/>2:00 History w/ Emma<br/>3:00 Jeopardy!</div> |
| <div>Cultural Diversity Day 21</div> <div>9:15 Sit &amp; Fit<br/>10:30 Walk &amp; Chat<br/>11:00 Sing-A-Long<br/>1:00 Bullseye<br/>2:30 Racquetball<br/>3:00 Pairing Socks</div>                           | <div>22</div> <div>9:15 Morning Walk<br/>9:45 Soothing Exercise<br/>10:30 Balloon Toss/ Kick<br/>12:45 Arts &amp; Crafts<br/>1:45 Charades<br/>2:30 Bingo<br/>3:30 Folding Towels</div> <div>Victoria Day (Canada)</div>       | <div>23</div> <div>9:15 Happy Feet<br/>9:45 Stretch &amp; Flex<br/>10:30 Karaoke w/ Lina<br/>12:45 Poetry Writing<br/>1:30 Tea Party<br/>3:00 Movie Time</div>                                                                     | <div>24</div> <div>9:15 Happy Feet Walk<br/>9:45 Soothing Exercise<br/>10:30 Show &amp; Tell<br/>12:45 Math with Rodrigo<br/>1:45 Bowling<br/>2:45 Garden Chat</div>                                           | <div>Star Wars Anniversary 25</div> <div>9:15 Walk &amp; Chat<br/>9:30 Sit &amp; Fit<br/>9:30 Outing w/ Oscar<br/>10:30 Arts &amp; Crafts<br/>12:45 Sing Along<br/>1:30 Balloon Volleyball<br/>2:30 Dot Painting<br/>3:00 Bingo</div>                | <div>26</div> <div>9:15 Happy Feet<br/>9:45 Soothing Exercise<br/>10:30 Let's Dance!<br/>12:45 Garden Party<br/>2:30 Getting To Know You<br/>3:30 Balloon Volleyball</div>                                                   | <div>27</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Music Videos<br/>12:45 Reading 101<br/>2:00 History w/ Emma<br/>3:00 Show &amp; Tell</div>         |
| <div>28</div> <div>9:15 Sit &amp; Fit<br/>10:30 Walk &amp; Chat<br/>11:00 Sing-A-Long<br/>1:00 Bullseye<br/>1:30 Grace Bible Study<br/>2:30 Racquetball<br/>3:00 Pairing Socks</div>                       | <div>Memorial Day 29</div> <div>9:15 Morning Walk<br/>9:45 Soothing Exercise<br/>10:30 Kickball<br/>12:45 Arts &amp; Crafts<br/>1:45 Let's Bake Cookies<br/>2:30 Bingo<br/>3:30 Sing- Along<br/>4:00 Memorial Day Videos</div> | <div>30</div> <div>9:15 Happy Feet Walk<br/>9:45 Stretch &amp; Flex<br/>10:30 Card Match<br/>12:45 Reading 101<br/>1:45 Volleyball<br/>2:30 Pretty Nails w/ Lina<br/>3:30 Let's Dance</div>                                        | <div>Happy Birthday Clint Eastwood 31</div> <div>9:15 Happy Feet Walk<br/>9:45 Soothing Exercise<br/>10:30 Show &amp; Tell<br/>12:45 Racquetball<br/>1:15 Trivia<br/>3:00 Happy Hour<br/>4:30 Movie Time</div> | <div>May 2023</div>                                                                                                                                                                                                                                  |                                                                                                                                                                                                                              |                                                                                                                                                                                  |