

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>Gentlemen's Month</b> <b>Pride Month</b> <b>2026 FIFA World Cup</b> <b>Alzheimer's &amp; Brain Awareness Month</b></p>	<p><b>1</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball - LR 11:15 Stretch &amp; Flex- LR 1:30 Bingo- AR <b>1:45 Dollar Tree</b> <b>2:30 Limericks w/ Lou- AR</b> 3:30 Charades- LR</p>	<p><u>Italian Day</u> <b>2</b></p> <p>9:15 Tea &amp; Talk- AR <b>10:00 Ralph's Market</b> 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR 1:30 Italian Trivia Tuesday- AR <b>2:30 From Italy with Music-LR</b> <b>3:30 Gentlemen's Outdoor Social- AR</b></p>	<p><b>3</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex- LR 1:15 Arts &amp; Crafts- AR 2:30 Spa Hour- AR <b>3:30 Dance Fitness- LR</b></p>	<p><u>National Hug Your Cat Day</u> <b>4</b></p> <p>9:15 Walk &amp; Chat- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex- LR 1:30 Bingo- AR <b>2:45 Ageless Strength- LR</b> 4:00 Voices in Poetry- LR</p>	<p><u>Elvis The Pelvis Day</u> <u>National Donut Day</u> <b>5</b></p> <p>9:15 Tea &amp;Talk- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex- LR 1:30 Exploring History w/ Lou- AR <b>2:00 Music &amp; Memories w/ Amy- LR</b> 3:30 Dance Fitness- LR</p>	<p><u>National Iced Tea Day</u> <u>D-Day Remembrance</u> <b>6</b></p> <p>9:15 Tea and Talk-AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex-LR 1:15 Bingo- AR <b>2:30 Gentlemen's Club Social w/ Armando- LR</b></p>	
<p><u>Chocolate Ice Cream Day</u> <u>National Cancer Survivor's Day</u> <b>7</b></p> <p>9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit &amp; Fit - LR 1:30 Bingo- AR 3:00 Bullseye- AR 3:45 Rummikub- AR 5:30 Movie Night- LR (See Posting)</p>	<p><u>National Ghostbuster's Day</u> <b>8</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball - LR <b>10:45 Sizzler Restaurant</b> 11:15 Stretch &amp; Flex- LR 1:30 Bingo- AR <b>2:30 Limericks w/ Lou- AR</b> 3:30 Charades- LR</p>	<p><u>World Caring Day</u> <b>9</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR <b>10:30 Ulta</b> 11:15 Sit &amp; Fit- LR 1:15 Trivia Tuesday- AR 2:30 Arts &amp; Crafts- AR 3:30 Music Recall-AR</p>	<p><u>NCAA Track &amp; Field Championship Begins</u> <b>10</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 10:30 CVS 11:15 Stretch &amp; Flex- LR 1:15 Rummikub- AR <b>1:30 Mid Valley Library</b> <b>2:00 Bundle of Joy Celebration!- DR</b> <b>3:30 Happy Hour- LR</b></p>	<p><u>Father's Day Pre-Celebration!</u> <u>Wear Blue Day</u> <b>11</b></p> <p>9:15 Walk &amp; Chat 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR <b>12:00 Father's Day Kickoff Celebration- DR</b> <b>1:30 Name That Tune! - LR</b> 2:45 Charades- LR 3:45 Rummikub- AR</p>	<p><u>Purple Day</u> <b>12</b></p> <p>9:15 Tea and Talk- AR 10:30 Volleyball - LR <b>10:30 Trader Joe's</b> 11:15 Stretch &amp; Flex- LR <b>1:00 Target</b> <b>1:30 Exploring History w/ Lou- AR</b> <b>2:30 Yoga w/ Jenny- LR</b> 3:30 Dance Fitness- LR</p>	<p><u>Dragonfly Day</u> <b>13</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex-LR 1:15 Bingo- AR <b>2:30 2026 World Cup Kickoff Social- LR</b></p>	
<p><u>Flag Day</u> <u>Happy Birthday Army</u> <b>14</b></p> <p>9:15 Bullseye- AR 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR 1:45 Bingo- AR 3:00 Rummikub- AR 3:30 Patriotic Movie Night- LR (See Posting)</p>	<p><u>Men's Health Week</u> <b>15</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball - LR 11:15 Stretch &amp; Flex- LR 1:30 Bingo- AR <b>1:30 Post Office</b> <b>2:30 Limericks w/ Lou- AR</b> 3:30 Poker- AR</p>	<p><b>16</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR 1:15 Trivia Tuesday- AR <b>2:30 Unity In Motion- LR</b> 3:30 Bullseye!- AR</p>	<p><u>Best Friends Day</u> <b>17</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex - LR <b>1:30 Arts &amp; Crafts w/ Theresa w/ Scan- AR</b> 3:30 Dance Fitness- LR</p>	<p><b>18</b></p> <p>9:15 Bocce Ball- RG <b>9:30 The Observatory</b> 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR 12:30 <b>Celebration of Jewish Life w/ Rabbi Jim- AR</b> 1:30 Bingo- AR <b>2:45 Ageless Strength- LR</b> 3:30 Voices in Poetry- LR</p>	<p><u>Juneteenth National Independence Day</u> <u>International Day of Yoga</u> <b>19</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball - LR <b>10:30 Ralph's Market</b> 11:15 Stretch &amp; Flex- LR <b>1:15 Marshall's</b> 1:30 Juneteenth Trivia- AR <b>2:30 Yoga w/ Jenny- LR</b> <b>3:45 Juneteenth Remember- LR</b></p>	<p><u>National American Eagle Day</u> <u>Father's Day Dinner Celebration</u> <b>20</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex-LR 1:15 Bingo- AR <b>2:30 Jenny's Boutique- LR</b> <b>4:30 Father's Day Dinner Celebration- DR</b></p>	
<p><u>Father's Day Summer Begins</u> <b>21</b></p> <p>9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit &amp; Fit - LR 1:30 Bingo- AR <b>2:30 Father's Day Movie &amp; Refreshments</b></p>	<p><b>22</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball - LR <b>11:00 Green Apple Restaurant</b> 11:15 Stretch &amp; Flex- LR 1:30 Bingo- AR <b>2:30 Limericks w/ Lou- AR</b> 3:30 Charades- LR</p>	<p><u>National Hydration Day</u> <u>Pink Day</u> <b>23</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR <b>11:00 The Plant Movie Theater</b> 11:15 Sit &amp; Fit- LR 1:15 Trivia Tuesday- AR 2:30 Bullseye!- AR <b>3:30 Memories &amp; Moments- LR</b></p>	<p><u>Selfie Day</u> <b>24</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR <b>10:30 Walgreen's</b> 11:15 Stretch &amp; Flex- LR <b>1:00 Resident Council Meeting</b> <b>1:30 Town Hall-LR</b> 3:30 Happy Hour- LR</p>	<p><u>National Bomb Pop Day</u> <b>25</b></p> <p>9:15 Walk &amp; Chat 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR <b>1:15 Northridge Mall</b> 1:30 Bingo- AR <b>2:45 Ageless Strength- AR</b> <b>3:45 Rummikub For Beginners- AR</b></p>	<p><u>Take Your Dog To Work Day</u> <u>Purple Day</u> <b>26</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball - LR <b>10:30 Trader Joe's</b> 11:15 Stretch &amp; Flex- LR 1:30 Bomb Pop Social- RG <b>2:30 Yoga w/ Jenny- LR</b> 3:30 Arts &amp; Crafts- LR</p>	<p><b>27</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Stretch &amp; Flex-LR 1:15 Bingo- AR <b>2:30 Movie Matinee- LR</b></p>	
<p><u>National Movie Night</u> <b>28</b></p> <p>9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit &amp; Fit - LR 1:30 Bingo- AR <b>3:00 Jewelry Making- AR</b> 3:45 Rummikub- AR 5:30 Movie Night- LR (See Posting)</p>	<p><u>National Camera Day</u> <b>29</b></p> <p><b>9:30 Wellness Walk at Park Balboa</b> 10:30 Volleyball - LR 11:15 Stretch &amp; Flex- LR 1:30 Bingo- AR <b>2:30 Limericks w/ Lou- AR</b> 3:30 Charades- LR</p>	<p><b>30</b></p> <p>9:15 Tea &amp; Talk- AR 10:30 Volleyball- LR 11:15 Sit &amp; Fit- LR 1:15 Trivia Tuesday- AR 2:30 Bullseye!- AR 3:30 Music Recall- AR</p>	<p>Assisted Living</p> 			<p>Activities may vary</p> 	

# June 2026

Key Note: LR- Living Room AR- Activities Room DR- Dining Room RG- Rear Garden

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Memory Care</b></p> <p>2026 FIFA World Cup Pride Month Gentlemen's Month Alzheimer's &amp; Brain Awareness Month</p>	<p><b>1</b></p> <p>9:15 Morning Walk 9:45 Soothing Movements 10:30 Balloon Toss/ Kick 1:00 Card match 1:30 Math 101 2:30 Bingo! 3:30 Folding Fun</p>	<p><b>2</b></p> <p><u>Italian Day</u></p> <p>9:15 Happy Feet Walk 9:45 Stretch &amp; Flex 10:30 Art &amp; Coloring <b>1:45 Gentlemen's Outdoor Social</b> 2:30 Memory Lane Scents <b>3:30 Italian Voices / Journey to Italy</b></p>	<p><b>3</b></p> <p>9:15 Happy Feet Walk 9:45 Soothing Movements 10:30 Music &amp; Smiles <b>1:30 Arts &amp; Crafts</b> 2:30 Bingo 3:30 Math 101</p>	<p><b>4</b></p> <p><u>National Hug Your Cat Day</u></p> <p>9:15 Walk &amp; Chat <b>9:30 Sunshine Outing</b> 9:45 Sit &amp; Fit 10:30 Balloon Volleyball 1:00 Name That Tune! <b>2:15 Ageless Strength</b> 3:00 Poetry Reading</p>	<p><b>5</b></p> <p><u>Elvis The Pelvis Day</u> <u>National Donut Day</u> <u>Purple Day</u></p> <p>9:15 Happy Feet Walk 9:45 Soothing Movements 10:30 Card Match 1:00 Balloon Racquetball 1:30 Bingo <b>2:30 Music &amp; Memories w/ Amy</b> <b>3:30 Yoga w/Jenny</b></p>	<p><b>6</b></p> <p><u>National Iced Tea Day</u> <u>D-Day Remembrance</u></p> <p>9:15 Happy Feet Walk 9:45 Stretch &amp; Flex 10:30 Music &amp; Smiles 1:00 Let's Guess Together 1:30 Creative Time <b>2:30 Gentlemen's Club Social</b> 3:30 Reading 101</p>
<p><b>7</b></p> <p><u>Chocolate Ice Cream Day</u> <u>National Cancer Survivor's Day</u></p> <p>9:15 Sit &amp; Fit 9:45 Walk &amp; Chat 10:30 Music &amp; Smiles 1:00 Fun with Letters 1:30 Bullseye 2:30 Art &amp; Sensory Activity 3:30 Trivia</p>	<p><b>8</b></p> <p>9:15 Morning Walk 9:45 Soothing Movements 10:30 Balloon Toss/ Kick 1:00 Draw &amp; Fun! 1:30 Math 101 2:30 Memory Lane Scents 3:30 Manicure Monday</p>	<p><b>9</b></p> <p><u>World Caring Day</u></p> <p>9:15 Stretch &amp; Flex 9:45 Folding Fun 10:30 Sing-along 1:00 Trivia Tuesday 1:30 Reminiscing 2:30 Fun with Letters 3:30 Helping Hands</p>	<p><b>10</b></p> <p><u>NCAA Track &amp; Field Championship Begins</u></p> <p>9:15 Happy Feet Walk 9:45 Soothing Movements 10:30 Arts &amp; Crafts 1:00 Music &amp; Smiles <b>1:30 Ice Cream Social</b> 2:00 Bundle of Joy Celebration- AL/DR <b>3:30 Happy Hour!</b></p>	<p><b>11</b></p> <p><u>Father's Day Pre-Celebration</u> <u>Wear Blue Day</u></p> <p>9:15 Walk &amp; Chat <b>9:30 Road Trip Thursday</b> 9:45 Sit &amp; Fit 10:30 Warm Chocolate Social <b>12:00 Father's Day Kickoff Celebration- AL/DR</b> 1:00 Memory Lane Scents 1:45 Balloon Volleyball <b>2:30 Movie and refreshments</b></p>	<p><b>12</b></p> <p><u>Purple Day</u></p> <p>9:15 Happy Feet 9:45 Soothing Movements 10:30 Fun with Letters 1:00 Reminiscing 1:30 Bingo 2:30 Disco Fever <b>3:30 Yoga w/ Jenny</b></p>	<p><b>13</b></p> <p><u>Dragonfly Day</u></p> <p>9:15 Happy Feet Walk 9:45 Stretch &amp; Flex 10:30 Art Sensory Activity 1:00 Volleyball 1:30 Sing-Along 2:30 History Lesson 3:30 Comfort &amp; Conversation</p>
<p><b>14</b></p> <p><u>Flag Day</u> <u>Happy Birthday Army</u></p> <p>9:15 Sit &amp; Fit 9:45 Walk &amp; Chat 10:30 Bullseye 1:00 Card Match 1:45 Bullseye 2:30 Sing-along 3:30 Ice Cream Social</p>	<p><b>15</b></p> <p><u>Men's Health Week</u></p> <p>9:15 Morning Walk 9:45 Soothing Movements 10:30 Kickball 1:00 Arts &amp; Crafts 1:30 Bingo 2:30 Let's Bake Cookies! 3:30 Reminiscing Comfort</p>	<p><b>16</b></p> <p>9:15 Happy Feet Walk 9:45 Stretch &amp; Flex 10:30 Ball Toss 1:00 Sing-along 1:30 Memory Lane Scents 2:30 Art Sensory Activity <b>3:30 Unity In Motion</b></p>	<p><b>17</b></p> <p><u>Best Friends Day</u></p> <p>9:15 Happy Feet Walk 9:45 Soothing Movements 10:30 Music &amp; Smiles 1:00 Racquetball 1:30 Arts &amp; Crafts 2:30 Bingo Time 3:30 Comfort &amp; Conversation</p>	<p><b>18</b></p> <p>9:15 Walk &amp; Chat <b>9:30 Thursday Stroll Outing</b> 9:45 Sit &amp; Fit 10:30 Read Aloud 1:15 Sing-along <b>2:15 Ageless Strength</b> 3:00 Memory In Rhyme</p>	<p><b>19</b></p> <p><u>Juneteenth National Independence Day</u> <u>International Day of Yoga</u> <u>Purple Day</u></p> <p>9:15 Happy Feet 9:45 Soothing Movements 10:30 Memory Lane Scents 1:00 History w/ Emma 1:30 Bingo 2:30 Sensory trivia <b>3:30 Yoga w/ Jenny</b></p>	<p><b>20</b></p> <p><u>National American Eagle Day</u> <u>Father's Day Celebration Dinner</u></p> <p>9:15 Happy Feet Walk 9:45 Stretch &amp; Flex 10:30 Aroma Therapy 1:00 Music &amp; Smiles <b>1:30 Outdoor Social</b> 2:30 Mind &amp; Senses 3:30 Reminiscing <b>4:30 Father's Day Celebration Dinner</b></p>
<p><b>21</b></p> <p><u>Father's Day Summer Begins</u></p> <p>9:15 Sit &amp; Fit 9:45 Walk &amp; Chat 10:30 Fun with Letters 1:00 Music &amp; Smiles 1:30 Creative Time <b>2:30 Father's Day Movie &amp; Refreshments</b> 3:30 Racquetball</p>	<p><b>22</b></p> <p>9:15 Morning Walk 9:45 Soothing Movements 10:30 Balloon Toss/ Kick 1:00 Fun with Letters 1:30 Creative Time 2:30 Bingo 3:30 Manicure Monday</p>	<p><b>23</b></p> <p><u>National Hydration Day</u> <u>Pink Day</u></p> <p>9:15 Happy Feet 9:45 Stretch &amp; Flex 10:30 Let's Dance! 1:00 Trivia Tuesday 1:30 Bingo! 2:30 Arts &amp; Crafts 3:30 Comfort &amp; Conversation</p>	<p><b>24</b></p> <p>9:15 Happy Feet Walk 9:45 Soothing Movements 10:30 Green Thumb Time 1:00 Music &amp; Smiles 1:30 Volleyball <b>2:00 Movie &amp; refreshments</b> <b>3:30 Happy Hour!</b></p>	<p><b>25</b></p> <p><u>National Bomb Pop Day</u></p> <p>9:15 Walk &amp; Chat <b>9:30 Fun Time Outing</b> 9:45 Sit &amp; Fit 10:30 Puzzle Building 1:00 Sing-along 1:30 Lots of Dots Art <b>2:15 Ageless Strength</b> 3:00 Helping Hands</p>	<p><b>26</b></p> <p><u>Take Your Dog To Work Day</u> <u>Purple Day</u></p> <p>9:15 Happy Feet 9:45 Soothing Movements 10:30 Balloon Volleyball 1:00 Outdoor Sensory Activity 1:30 Bingo 2:30 Karaoke <b>3:30 Yoga w/Jenny</b></p>	<p><b>27</b></p> <p>9:15 Happy Feet Walk 9:45 Stretch &amp; Flex 10:30 Sing-along 1:00 History Lesson 1:30 Garden Smiles 2:30 Social Hour 3:00 Show &amp; Tell</p>
<p><b>28</b></p> <p><u>National Movie Night</u></p> <p>9:15 Sit &amp; Fit 9:45 Walk &amp; Chat 10:30 Music &amp; Smiles 1:00 Read Aloud 1:30 Racquetball 2:30 Bullseye 3:30 Comfort &amp; Conversation</p>	<p><b>29</b></p> <p>9:15 Morning Walk 9:45 Soothing Movements 10:30 Kickball 1:00 Arts &amp; Crafts 1:30 Bingo 2:30 Let's Bake Cookies! 3:30 Reminiscing Comfort</p>	<p><b>30</b></p> <p>9:15 Stretch &amp; Flex 9:45 Folding Fun 10:30 Sing-along 1:00 Trivia 101 1:30 Reminiscing 2:30 Fun with Letters 3:30 Helping Hands</p>	 <p><b>June 2026</b></p> <p>Key Note: AL/DR- Assisted Living Dining Room</p> <p>Activities may vary</p>			