

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|--|--|---|---|--|---|--|
| <p>Assisted Living</p> <p style="text-align: right;">Activities may vary</p> <h1 style="text-align: center;">April 2026</h1> <p style="text-align: center;">"April showers bring May flowers."<br/>Poetry Month, Autism Awareness Month, Movie Matinee Month</p>     |  |   | <p><u>Passover Begins</u><br/><u>April Fool's Day</u> 1</p> <p>9:15 Walk for Wellness<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:15 Arts &amp; Crafts- AR<br/><b>2:30 Passover Explained- AR</b><br/><b>5:00 Understanding Passover- LR</b></p>                                | <p><u>World Autism Day</u> 2</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:30 Bingo- AR<br/><b>2:45 Ageless Strength- LR</b><br/>4:00 Voices in Poetry- LR</p>   | <p><u>Good Friday</u> 3</p> <p>9:15 Walk for Wellness<br/>10:30 Volleyball- LR<br/><b>10:30 Ralph's Market</b><br/>11:15 Stretch &amp; Flex- LR<br/>1:30 Spanish Lesson- AR<br/>2:30 Fab &amp; Fit Yoga- LR<br/><b>3:30 The Garden's Easter Egg Hunt- CQ</b></p>                            | <p><u>Assassination of MLK</u> 4</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:15 Bingo- AR<br/>2:30 Movie Matinee- LR<br/>(See Posting)</p> |
| <p><u>Easter Sunday</u> 5</p> <p>9:15 Bullseye- AR<br/>10:30 Volleyball - LR<br/>11:15 Sit &amp; Fit - LR<br/>1:30 Bingo- AR<br/>3:15 Poker- AR<br/>3:15 Rummikub- AR<br/>5:30 Movie Night- LR<br/>(See Posting)</p>   | <p>6</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:30 Bingo- AR<br/><b>2:45 Limericks w/ Lou- AR</b><br/>3:30 Poker- AR</p>  | <p>7</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/>1:15 Trivia Tuesday- AR<br/>2:30 Show &amp; Tell- LR<br/>3:30 Poker-AR</p>  | <p>8</p> <p>9:15 Walk for Wellness<br/><b>10:00 Post Office</b><br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:15 Arts &amp; Crafts- AR<br/>2:30 Spanish Lesson- AR<br/><b>3:30 Happy Hour- LR</b></p>   | <p>9</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/><b>1:30 Bingo w/ Celso- AR</b><br/>2:45 Jewelry Making- AR<br/>3:45 Rummikub- AR</p>   | <p><u>Nat'l Siblings Day</u> 10</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/><b>10:30 Trader Joe's</b><br/>11:15 Stretch &amp; Flex- LR<br/><b>1:15 Fab &amp; Fit Yoga- LR</b><br/><b>1:30 Ross &amp; DD's Store</b><br/>2:30 Rummikub- AR<br/>3:30 Poker- AR</p>                 | <p>11</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:15 Bingo- AR<br/>2:30 Movie Matinee- LR<br/>(See Posting)</p>                            |
| <p>12</p> <p>9:15 Bullseye- AR<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/>1:30 Bingo- AR<br/>3:15 Poker- AR<br/>3:15 Rummikub- AR<br/>5:30 Movie Night- LR<br/>(See Posting)</p>   | <p>13</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/><b>10:30 CVS Store</b><br/>11:15 Stretch &amp; Flex- LR<br/>1:30 Bingo- AR<br/><b>2:45 Limericks w/ Lou- AR</b><br/>3:30 Poker- AR</p>              | <p><u>Assassination of Abraham Lincoln</u> 14</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/>1:15 Trivia Tuesday- AR<br/><b>1:30 Movie Matinee- LR</b></p>                        | <p>15</p> <p><u>Sinking of The Titanic</u><br/>9:15 Walk for Wellness<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex - LR<br/><b>1:30 Arts &amp; Crafts w/ Theresa- AR</b><br/><b>1:30 Dollar Tree Store</b><br/><b>2:15 Spa Day- AR</b><br/>3:30 Documentary- The Titanic- LR</p>           | <p>16</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/><b>11:30 Lido's Pizza</b><br/><b>12:30 Celebration of Jewish Life w/ Rabbi Jim- AR</b><br/><b>1:30 Bank of America</b><br/>1:30 Bingo- AR<br/><b>2:45 Ageless Strength- LR</b><br/>3:30 Poker for Beginners- AR</p> | <p>17</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/><b>10:30 Ralph's Market</b><br/>11:15 Stretch &amp; Flex- LR<br/><b>1:15 Fab &amp; Fit Yoga- LR</b><br/><b>1:30 Walmart</b><br/><b>2:30 Spanish Lesson- AR</b><br/>3:30 Poker- AR</p>  | <p>18</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:15 Bingo- AR<br/>2:30 Movie Matinee- LR<br/>(See Posting)</p>                            |
| <p>19</p> <p>9:15 Bullseye- AR<br/>10:30 Volleyball - LR<br/>11:15 Sit &amp; Fit - LR<br/><b>1:00 The Pirates of Penzance, Gilbert Sullivan Opera- LR</b><br/>1:30 Bingo- AR<br/>3:15 Poker- AR<br/>3:15 Rummikub- AR<br/>5:30 Movie Night- LR<br/>(See Posting)</p> | <p>20</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:30 Bingo- AR<br/><b>2:45 Limericks w/ Lou- AR</b><br/>3:30 Poker- AR</p>   | <p>21</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/>1:15 Trivia Tuesday- AR<br/>1:30 Show &amp; Tell- LR<br/><b>2:30 Unity In Motion- LR</b><br/>3:30 Bullseye!- AR</p>          | <p>22</p> <p><u>Earth Day</u><br/><u>Admin. Professionals Day</u><br/><b>9:15 Balboa Park Outing</b><br/>10:30 Volleyball- LR<br/><b>10:30 Ralph's Market</b><br/>11:15 Stretch &amp; Flex- LR<br/><b>1:15 Arts &amp; Crafts- AR</b><br/><b>2:30 Spanish- AR</b><br/><b>3:30 Happy Hour- LR</b></p> | <p>23</p> <p><u>St. George's Day</u><br/>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/>1:30 Bingo- AR<br/><b>1:30 Marshall's Store</b><br/><b>2:45 Ageless Strength- AR</b><br/><b>3:45 Rummikub For Beginners- AR</b></p>   | <p>24</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/>11:15 Stretch &amp; Flex- LR<br/><b>1:15 Fab &amp; Fit Yoga- LR</b><br/>2:30 Voices Of Poetry Day- LR<br/>3:30 Poker- AR</p> <p style="text-align: center;">Arbor Day</p>  | <p>25</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex- LR<br/>1:15 Bingo- AR<br/>2:30 Movie Matinee- LR<br/>(See Posting)</p>                            |
| <p>26</p> <p>9:15 Bullseye- AR<br/>10:30 Volleyball - LR<br/>11:15 Sit &amp; Fit - LR<br/>1:30 Bingo- AR<br/>3:15 Poker- AR<br/>3:15 Rummikub- AR<br/>5:30 Movie Night- LR<br/>(See Posting)</p>   | <p>27</p> <p>9:15 Morning Walk<br/>10:30 Volleyball - LR<br/>11:15 Stretch &amp; Flex- LR<br/><b>11:15 Green Apple Restaurant</b><br/>1:30 Bingo- AR<br/><b>3:00 Limericks w/ Lou- AR</b><br/>3:30 Poker- AR</p> | <p>28</p> <p>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/><b>10:30 Walgreen's Store</b><br/>11:15 Sit &amp; Fit- LR<br/>1:15 Trivia Tuesday- AR<br/><b>2:30 Bullseye!- AR</b><br/>3:30 Rhymes &amp; Smiles- LR</p> | <p>29</p> <p>9:15 Walk for Wellness<br/>10:30 Volleyball- LR<br/>11:15 Stretch &amp; Flex - LR<br/><b>1:00 Res. Council Meeting- LR</b><br/><b>1:30 Town Hall Meeting- LR</b><br/><b>2:30 Root Beer Floats- LR</b><br/>3:30 Rummikub- AR</p>  | <p>30</p> <p><u>Int'l Jazz Day</u><br/>9:15 Walk &amp; Chat<br/>10:30 Volleyball- LR<br/>11:15 Sit &amp; Fit- LR<br/>1:30 Bingo- AR<br/><b>1:30 Yogurtland</b><br/><b>2:30 Voices of Poetry- LR</b><br/><b>3:30 Jazz History- LR</b></p>   | <p style="text-align: center;"><u>Room Key</u></p> <p style="text-align: center;">Dining Room - DR                      Front Lobby- FL</p> <p style="text-align: center;">Living Room- LR                         Center Quad- SQ</p> <p style="text-align: center;">Activity Room- AR</p> |  |

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday  | Saturday  |
|--|--|--|--|--|---|---|
|   |  |  | <u>Passover Begins</u><br><u>April Fool's Day</u> 1<br>9:15 Happy Feet Walk<br>9:45 Soothing Movements<br>10:30 Music & Smiles<br>1:00 Arts & Crafts<br>1:30 Racquetball<br>2:30 Bingo<br>3:30 Math 101<br>5:00 <b>Passover- AL/DR</b>             | <u>World Autism Day</u> 2<br>9:15 Walk & Chat<br>9:30 <b>Sunshine</b><br><b>Thursday Outing</b><br>9:45 Sit & Fit<br>10:30 Balloon Volleyball<br>1:00 Name That Tune!<br>1:45 Poetry Reading<br>4:00 <b>Ageless Strength</b>                                 | <u>Good Friday</u> 3<br>9:15 Happy Feet Walk<br>9:45 Soothing Movements<br>10:30 Card Match<br>1:00 Balloon Racquetball<br>1:30 Music & Smiles<br>2:30 <b>The Gardens</b><br><b>Easter Egg Hunt</b><br>3:30 <b>Yoga w/ Jenny!</b>             | 4<br>9:15 Happy Feet Walk<br>9:45 Stretch & Flex<br>10:30 Music & Smiles<br>1:00 Let's Guess Together<br>1:30 Creative Time<br>2:30 Ice Cream Social<br>3:30 Reading 101    |
| <u>Easter Sunday</u> 5<br>9:15 Sit & Fit<br>9:45 Walk & Chat<br>10:30 Music & Smiles<br>1:00 Fun with Letters<br>1:30 Bullseye<br>2:30 Art & Sensory Activity<br>3:30 Trivia | 6<br>9:15 Morning Walk<br>9:45 Soothing Movements<br>10:30 Balloon Toss/ Kick<br>1:00 Card match<br>1:30 Math 101<br>2:30 Bingo!<br>3:30 Folding Fun                 | 7<br>9:15 Happy Feet Walk<br>9:45 Stretch & Flex<br>10:30 Art & Coloring<br>1:00 Balloon Volleyball<br>1:30 Kickball<br>2:30 Memory Lane Scents<br>3:30 Comfort & Conversation | 8<br>9:15 Happy Feet Walk<br>9:45 Soothing Movements<br>10:30 Arts & Crafts<br>1:00 Music & Smiles<br>1:30 Ice Cream Social<br>2:30 Getting To Know You<br>3:30 Happy Hour!  | 9<br>9:15 Walk & Chat<br>9:30 <b>Road Trip Thursday</b><br>9:45 Sit & Fit<br>10:30 Warm Chocolate Social<br>1:00 Memory Lane Scents<br>1:30 Balloon Volleyball<br>2:30 History Time<br>3:30 <b>Popcorn &amp; Movie</b>                                       | <u>National Siblings Day</u> 10<br>9:15 Happy Feet<br>9:45 Soothing Movements<br>10:30 Fun with Letters<br>1:00 Reminiscing<br>1:30 Sing-Along<br>2:30 <b>Yoga w/ Jenny!</b><br>3:30 Garden Gathering   | 11<br>9:15 Happy Feet Walk<br>9:45 Stretch & Flex<br>10:30 Art Sensory Activity<br>1:00 Volleyball<br>1:30 Sing-Along<br>2:30 History Lesson<br>3:30 Comfort & Conversation |
| 12<br>9:15 Sit & Fit<br>9:45 Walk & Chat<br>10:30 Bullseye<br>1:00 Card Match<br>1:30 Bullseye<br>2:30 Sing-along<br>3:30 Ice Cream Social                                   | 13<br>9:15 Morning Walk<br>9:45 Soothing Movements<br>10:30 Balloon Toss/ Kick<br>1:00 Draw & Fun!<br>1:30 Bingo!<br>2:30 Memory Lane Scents<br>3:30 Manicure Monday | 14<br>9:15 Stretch & Flex<br>9:45 Folding Fun<br>10:30 Sing-along<br>1:00 Trivia 101<br>1:30 Reminiscing<br>2:30 Fun with Letters<br>3:30 Helping Hands                        | 15<br>9:15 Happy Feet Walk<br>9:45 Soothing Movements<br>10:30 Music & Smiles<br>1:00 Racquetball<br>1:30 Arts & Crafts<br>2:30 Bingo Time<br>3:30 Comfort & Conversation  | 16<br>9:15 Walk & Chat<br>9:30 <b>Thursday Stroll</b><br>9:45 Sit & Fit<br>10:30 Read Aloud<br>12:30 <b>Celebration of</b><br><b>Jewish Life- AL/AR</b><br>1:00 Sing-along<br>1:30 Creative Art Time<br>2:45 Memory In Rhyme<br>4:00 <b>Ageless Strength</b> | 17<br>9:15 Happy Feet<br>9:45 Soothing Movements<br>10:30 Memory Lane Scents<br>1:00 Trivia w/ Emma<br>1:30 Art Sensory Activity<br>2:30 <b>Yoga w/ Jenny!</b><br>3:30 Lots of Dots   | 18<br>9:15 Happy Feet Walk<br>9:45 Stretch & Flex<br>10:30 Aroma Therapy<br>1:00 Music & Smiles<br>1:30 Read Aloud<br>2:30 Music History<br>3:30 Reminiscing                |
| 19<br>9:15 Sit & Fit<br>9:45 Walk & Chat<br>10:30 Fun with Letters<br>1:00 Music & Smiles<br>1:30 Creative Time<br>2:30 Folktales & Fables<br>3:30 Racquetball               | 20<br>9:15 Morning Walk<br>9:45 Soothing Movements<br>10:30 Kickball<br>1:00 Arts & Crafts<br>1:30 Bingo<br>2:30 Let's Bake Cookies!<br>3:30 Reminiscing Comfort     | 21<br>9:15 Happy Feet Walk<br>9:45 Stretch & Flex<br>10:30 Ball Toss<br>1:00 Sing-along<br>1:30 Memory Lane Scents<br>2:30 Art Sensory Activity<br>3:30 <b>Unity In Motion</b> | <u>Earth Day</u> 22<br>9:15 Happy Feet Walk<br>9:45 Soothing Movements<br>10:30 <b>Green Thumb Time</b><br>1:00 Music & Smiles<br>1:30 Volleyball<br>2:30 <b>Movie &amp; Popcorn</b><br>3:30 <b>Happy Hour!</b>                                    | <u>St. George's Day</u> 23<br>9:15 Walk & Chat<br>9:30 <b>Fun Times Out on Thursday</b><br>9:45 Sit & Fit<br>10:30 Puzzle Pieces<br>1:00 Sing-along<br>1:30 Lots of Dots Art<br>2:30 Math 101<br>3:30 Helping Hands<br>4:00 <b>Ageless Strength</b>          | 24<br>9:15 Happy Feet<br>9:45 Soothing Movements<br>10:30 Balloon Volleyball<br>1:00 Outdoor Sensory Activity<br>1:30 Drawing 101<br>2:30 <b>Yoga w/ Jenny!</b><br>3:30 Poetry 101<br><br>Arbor Day   | 25<br>9:15 Happy Feet Walk<br>9:45 Stretch & Flex<br>10:30 Sing-along<br>1:00 History Lesson<br>1:30 Garden Smiles<br>2:30 Let's Bake Cookies<br>3:00 Show & Tell           |
| 26<br>9:15 Sit & Fit<br>9:45 Walk & Chat<br>10:30 Music & Smiles<br>1:00 Read Aloud<br>1:30 Racquetball<br>2:30 Bullseye<br>3:30 Comfort & Conversation                      | 27<br>9:15 Morning Walk<br>9:45 Soothing Movements<br>10:30 Balloon Toss/ Kick<br>1:00 Fun with Letters<br>1:30 Creative Time<br>2:30 Bingo<br>3:30 Manicure Monday  | 28<br>9:15 Happy Feet<br>9:45 Stretch & Flex<br>10:30 Let's Dance!<br>1:00 Trivia Tuesday<br>1:30 Bingo!<br>2:30 Art Day<br>3:30 Comfort & Conversation                        | 29<br>9:15 Happy Feet Walk<br>9:45 Soothing Movements<br>10:30 Music & Smiles<br>1:00 <b>Resident Council- AL/LR</b><br>1:00 Racquetball<br>1:30 Helping Hands<br>1:30 <b>Town Hall Meeting-AL/LR</b><br>2:30 Bingo<br>3:30 Comfort & Conversation | <u>International Jazz Day</u> 30<br>9:15 Walk & Chat<br>9:45 Sit & Fit<br>10:30 Warm Chocolate Social<br>1:00 Memory Lane Scents<br>1:30 Balloon Volleyball<br>2:30 Garden Smiles<br>4:00 Spelling Fun Club  | Month Observances:<br>-April Fool's Day<br>-Easter<br>-Passover<br>-Earth Day<br>-Arbor Day<br><br>-Poetry Month, Autism Awareness, Movie Matinee Month  |   |