

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Assisted Living 'Tis the season to be jolly 	<u>Mistletoe Day.</u> <u>World Aids Day.</u> 1 9:15 Morning Walk 10:30 Volleyball- LR 10:30 DD's 11:15 Stretch & Flex- LR 1:30 Bingo- AR 1:45 Dollar Tree 3:00 Movie Matinee- LR (See Posting)	<u>Int'l Day of Abolition of Slavery.</u> 2 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia Tuesday- AR 2:30 Unity In Motion- LR 3:30 Poker- AR	<u>Holiday Card Day.</u> <u>Int'l Day of Persons with Disabilities</u> 3 9:15 Morning Walk & Chat 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:30 Ice Cream Sundaes w/ Scan- LR 2:30 Arts & Crafts- AR 3:30 Gabfest- AR 5:00 Wesley School Choir- DR	<u>Pajama Social</u> <u>Tree Lighting</u> 4 9:00 Merry & Bright Pajama Social- LR 9:45 Tree Lighting- LR 1:30 Bingo w/ Celso- AR 2:45 Ageless Strength- LR 4:00 Rummikub- AR	<u>National Twin Day.</u> <u>Photo Shoot Day.</u> 5 9:15 Morning Walk 10:30 Trader Joe's 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:30 Santa Claus at The Gardens- LR 2:30 Fab & Fit Yoga- LR 3:30 Poker- AR- AR	<u>St. Nicholas Day.</u> 6 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)
<u>Nat'l Crossword Puzzle Solvers</u> 7 9:15 Bullseye- AR 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:30 Bingo- AR 3:30 Poker- AR 4:00 Rummikub- AR	<u>Nat'l Pearl Harbor Remembrance Day.</u> 8 9:15 Morning Walk 10:30 Volleyball - LR 10:30 Westfield Mall 11:15 Stretch & Flex- LR 1:15 Mid Valley Library 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)	<u>Nat'l Violin Day.</u> 9 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 11:30 Blaze Pizza 1:15 Trivia Tuesday- AR 1:30 Walgreen's 2:30 An afternoon w/ Brian Leonard- LR 3:30 Poker- AR	<u>Pajama Day.</u> <u>Human Rights Day.</u> 10 9:15 Walk for Wellness 10:30 Ralph's Market 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:15 Arts & Crafts- LR 2:30 Holiday Story Read-Aloud- LR 3:30 Pajama Happy Hour- LR	<u>Nat'l Mutt Day.</u> 11 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 12:30 Celebration of Jewish Life w/ Rabbi Jim- AR 1:30 Bingo- AR 4:00 Intro Wi-Fi Connections- AR	<u>Poinsettia Day.</u> 12 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Fab & Fit Yoga- LR 2:15 Puzzles & Games Afternoon- AR	<u>A Grinch Day.</u> 13 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)
<u>Hanukkah Begins</u> 14 9:15 Bullseye- AR 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:30 Bingo- AR 3:30 Poker- AR 4:00 Rummikub- AR 4:30 Hanukkah Celebration- DR	<u>Nat'l Ding A-Ling Day.</u> 15 9:15 Morning Walk 10:30 Michael's 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 CVS 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)	<u>Ugly Sweater Day.</u> <u>Las Posadas</u> 16 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 More Than Waffles 11:15 Sit & Fit- LR 12:30 Ugly Sweater Photo Shoot-DR 1:15 Trivia Tuesday- AR 2:30 Exercise w/ Music- LR 3:30 Poker- AR	<u>Resident's Christmas Party.</u> 17 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 11:30 Resident's Christmas Party!- DR 1:30 Holiday Karaoke- LR 3:00 Puzzles & Games- AR	<u>Gingerbread House Day.</u> 18 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:00 Target 1:30 Arts & Crafts w/ Scan- AR 2:45 Ageless Strength- LR 4:00 Rummikub- AR	<u>Show Off Your Holiday Colors</u> 19 9:15 Morning Walk 10:45 Ralph's Market 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Fab & Fit Yoga- LR 2:30 Spa Hour- AR 3:30 Poker- AR	<u>Int'l Human Solidarity Day.</u> 20 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)
<u>Nat'l Mathematics Day.</u> 21 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:30 Poker- AR 4:00 Rummikub- AR	<u>Anne & Samantha Day.</u> 22 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Ross 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)	23 9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Showtime Outing 11:15 Sit & Fit- LR 1:15 Trivia Tuesday- AR 2:30 Christmas Hymns & Reminiscing Hour- LR 3:30 Poker- AR	<u>Christmas Eve</u> <u>Christmas Symbols Day.</u> 24 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:30 Jewelry Making- AR 2:15 Movie Matinee- LR	<u>Christmas Day.</u> 25 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 11:30 Christmas Day Celebration!- DR 1:30 Bingo- AR 2:45 Movie Night- LR 4:00 Rummikub- AL	<u>Boxing Day.</u> <u>Kwanzaa Begins</u> 26 9:15 Morning Walk 10:15 Trader Joe's 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Fab & Fit Yoga- LR 2:30 Trivia- AR 3:30 Poker- AR	27 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)
Winter Begins						
<u>Pledge of Allegiance Day.</u> 28 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:30 Poker- AR 4:00 Rummikub- AR	29 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:00 Movie Matinee- LR (See Posting)	30 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia Tuesday- AR 2:30 Exercise w/ Music- LR 3:30 Poker- AR	<u>New Year's Eve</u> 31 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 1:30 Jewelry Making- AR 2:30 Spanish Lesson- AR 3:30 Puzzles & Games- AR 4:30 New Year's Celebration- DR	December 2025 Key Note= Living Room- LR Dining Room- DR Activity Room- AR 		