

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Activities may vary JUNE 2023 Assisted Living						
National Cancer Survivor's Day. 4 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Grace Community Church Services- LR 1:30 Bingo- AR 3:15 Poker- AR	National Gingerbread Day. 5 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:30 Gingerbread Painting!- AR	National Gardening Day. 6 9:15 Walk & Chat 10:45 Volleyball- LR 11:00 Gourmet City Seafood Buffet- LR 11:15 Sit & Fit- LR 1:15 Trivia w/ Emma- AR 2:30 Pot Painting- AR 3:30 Poker- AR	7 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 1:15 Bingo- AR 3:15 Happy Hour- LR	8 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:00 Arts & Crafts w/ Theresa- AR 3:15 Rummikub- AR	National Doughnut Day. 2 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 12:30 Marilyn Monroe at The Gardens!- DR 1:45 Yoga- LR 2:00 CVS- LR 3:00 Spanish Lesson w/ Ruby- AR	National Rocky Road Day. 3 9:15 Bocce Ball 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 3:15 Ice Cream Social- LR 3:45 Rummikub- AR 5:30 Movie Night (See Posting)- LR
11 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:15 Poker- AR 5:30 Movie Night (See Posting)- LR	12 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:30 Jewelry Making- AR	National Children's Day. 13 9:15 Walk & Chat- LBBY 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia w/ Emma- AR 2:15 ASL Intro. w/ Carl- AR 3:30 Poker- AR	Flag Day. Army Day. National Iced Tea Day. 14 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 1:15 Music Therapy- RG 2:30 Bingo- AR 4:00 Spa Day- AR	World Elder Abuse Awareness Day. 15 9:15 Walk & Chat 10:00 La Brea Tar Pits- LR 10:30 Volleyball- LR 11:00 Celebration of Jewish Life w/ Rabbi Jim- AR 11:15 Sit & Fit- LR 1:30 Poker- AR 2:30 Fighting Spam w/ Joe- AR 3:30 Alan's Sculptures- LR	Nature Photography Day. 16 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Yoga- LR 2:30 Ralph's & Walgreens 2:30 Spanish Lesson w/ Ruby- AR 3:30 Suzanne's Travels- AR	National Fudge Day. 17 9:15 Bocce Ball 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:15 Bingo-AR 3:15 Fudgesicles & Board Games- AR 5:30 Movie Night- LR (See posting)
Father's Day. 18 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 12:30 Father's Day Celebration- DR 1:30Grace Community Church Services- LR 2:00 Bingo- AR 3:45 Poker- AR	Juneteenth 19 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:30 Arts & Crafts- AR	Ice Cream Soda Day. 20 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Trivia w/ Emma- AR 2:30 Joe's Lesson- AR 3:30 Poker- AR	Summer Begins International Women's Day. National Daylight Appreciation Day. 21 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex - LR 1:15 Bingo- AR 2:00 Rummikub- AR 3:00 Happy Hour!- RG	National Selfie Day. 22 9:15 Walk & Chat 10:00 Academy Award Museum- LR 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:30 Bingo 3:30 Happy Hour- LR	National Pink Day. 23 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Yoga- LR 2:00 Target- LR 2:30 Spanish w/ Ruby- AR 3:30 Rummikub- AR	24 9:15 Bocce Ball 10:30 Volleyball- LR 11:15 Stretch & Flex-LR 1:30 Bingo- AR 3:00 Painting w/Rodrigo- AR 5:30 Movie Night- LR (See posting)
25 9:15 Bullseye- AR 10:30 Volleyball - LR 11:15 Sit & Fit - LR 1:30 Bingo- AR 3:15 Poker- AR 5:30 Movie Night (See Posting) - LR	26 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:30 Bingo- AR 3:30 Arts & Crafts	National Bingo Day. 27 9:15 Walk & Chat 10:30 Volleyball- LR 11:00 Brent's Deli 11:15 Sit & Fit- LR 1:15 Bingo- AR 3:00 ASL Lesson w/ Carl- AR	28 9:15 Walk for Wellness 10:30 Volleyball- LR 11:15 Stretch & Flex- LR 1:15 Bingo- AR 3:15 Tea Party - RG	National Camera Day. 29 9:15 Walk & Chat 10:30 Volleyball- LR 11:15 Sit & Fit- LR 1:15 Resident Council- LR 1:30 Town Hall- LR	World Social Media Day. Take Your Dog To Work Day. 30 9:15 Morning Walk 10:30 Volleyball - LR 11:15 Stretch & Flex- LR 1:15 Yoga- LR 2:00 Mall Outing- LR 2:30 Spanish w/ Ruby- AR 3:30 Poker- AR	Key Note Activity Room= AR Living Room= LR Dining Room= DR Center Garden= CG Lobby= LBBY Rear Garden= RDG

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Activities may vary Memory Care June 2023				1 9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing w/ Oscar 10:30 Kickball 12:45 Sing Along 1:30 Balloon Volleyball 3:00 Jeopardy!	2 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Instrument Therapy 12:30 Marilyn Monroe at The Gardens 3:00 Bullseye 3:30 Getting To Know You	<u>National Rocky Road Day.</u> 3 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Music Videos 12:45 Reading 101 2:00 History w/ Emma 3:00 Jeopardy!
4 9:15 Sit & Fit 10:30 Walk & Chat 11:45 Bullseye 1:00 Sing- A longs 2:00 Racquetball 3:00 Pairing Socks	<u>National Gingerbread Day.</u> 5 9:15 Morning Walk 9:45 Soothing Exercise 10:30 Balloon Toss/ Kick 12:45 Arts & Crafts 1:45 Gingerbread Painting 2:30 Bingo 3:30 Garden Chat	<u>National Gardening</u> 6 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Getting To Know You 12:45 Reading 101 1:45 Volleyball 2:30 Painting Lessons 3:30 Let's Dance	7 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Current Events w/ Rodrigo 12:45 Math 101 1:45 Bullseye 3:00 Happy Hour 5:30 Movie Time!	8 9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing w/ Oscar 10:30 Kickball 12:45 Sing Along 1:30 Balloon Volleyball 2:30 Dot Painting 3:00 Bingo	9 9:15 Happy Feet 9:45 Soothing Exercise 10:30 Let's Dance! 12:45 Show & Tell 2:30 Garden Gabfest! 3:00 Nature Pictures & Videos	10 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Music Videos 12:45 Reading 101 2:00 History w/ Emma 3:00 Show & Tell
11 9:15 Sit & Fit 10:30 Walk & Chat 11:45 Bullseye 1:00 Sing- A longs 2:00 Racquetball 3:00 Movie Time	12 9:15 Morning Walk 9:45 Soothing Exercise 10:30 Balloon Toss/ Kick 12:45 Arts & Crafts 1:45 Bingo 2:30 Sing-Alongs 3:30 Garden Gabfest	13 9:15 Happy Feet 9:45 Stretch & Flex 10:30 Card Match 12:45 Reading 101 1:45 Racquetball 2:30 Art w/ Lina 3:30 Sing Along	<u>Flag Day.</u> <u>National Iced Tea Day.</u> 14 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Current Events w/ Rodrigo 12:45 Math with Rodrigo 1:45 Bullseye 3:00 Garden Chat	15 9:15 Walk & Chat 9:30 Sit & Fit 10:30 Racquet Ball 11:00 Celebration of Jewish Life- AR 12:45 Sing Along 1:30 Arts & Crafts 2:30 Card Match 3:00 Jeopardy!	<u>Nature Photography Day.</u> 16 9:15 Happy Feet 9:45 Soothing Exercise 10:30 Let's Dance! 12:45 Trivia 2:30 Yoga w/ Jenny! 3:00 Getting To Know You	17 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Garden Party! 12:45 Reading 101 2:00 History w/ Emma 3:00 Jeopardy!
<u>Father's Day.</u> 18 9:15 Sit & Fit 10:30 Walk & Chat 11:00 Sing-A-Long 12:30 Father's Day Celebration 1:30 Bullseye 2:00 Racquetball 3:00 Pairing Socks	<u>Juneteenth</u> 19 9:15 Morning Walk 9:45 Soothing Exercise 10:30 Kickball 12:45 Arts & Crafts 1:45 Let's Bake Cookies 2:30 Bingo 3:30 Sing- A longs	<u>Ice Cream Soda Day.</u> 20 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Card Match 12:45 Reading 101 1:45 Volleyball 2:30 Pretty Nails w/ Lina 3:30 Let's Dance	<u>Summer Begins</u> <u>International Women's Day.</u> 21 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Current Events w/ Rodrigo 12:45 Racquetball 1:15 Painting Lessons 3:00 Happy Hour	22 9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing w/ Oscar 10:30 Arts & Crafts 12:45 Sing Along 1:30 Balloon Volleyball 2:30 Dot Painting 3:00 Bingo	<u>National Pink Day.</u> 23 9:15 Happy Feet 9:45 Soothing Exercise 10:30 Let's Dance! 12:45 Garden Party 2:30 Getting To Know You 3:30 Balloon Volleyball	24 9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Music Videos 12:45 Reading 101 2:00 History 3:00 Show & Tell
25 9:15 Sit & Fit 10:30 Walk & Chat 11:00 Sing-A-Long 1:00 Bullseye 1:30 Grace Bible Study 2:30 Racquetball 3:00 Pairing Socks	26 9:15 Morning Walk 9:45 Soothing Exercise 10:30 Balloon Toss/ Kick 12:45 Arts & Crafts 1:45 Charades 2:30 Bingo 3:30 Folding Towels	<u>National Bingo Day.</u> 27 9:15 Happy Feet 9:45 Stretch & Flex 10:30 Karaoke w/ Lina 12:45 Poetry Writing 1:30 Tea Party 3:00 Movie Time	28 9:15 Happy Feet Walk 9:45 Soothing Exercise 10:30 Current Events w/ Rodrigo 12:45 Math with Rodrigo 1:45 Bowling 2:45 Garden Chat	<u>National Camera Day.</u> 29 9:15 Walk & Chat 9:30 Sit & Fit 9:30 Outing w/ Oscar 10:30 Arts & Crafts 12:45 Sing Along 1:30 Balloon Volleyball 2:30 Dot Painting 3:00 Bingo	<u>World Social Media</u> <u>Take Your Dog To Work Day.</u> 30 9:15 Happy Feet 9:45 Soothing Exercise 10:30 Let's Dance! 12:45 Garden Party 2:30 Getting To Know You 3:30 Balloon Volleyball	9:15 Happy Feet Walk 9:45 Stretch & Flex 10:30 Music Videos 12:45 Reading 101 2:00 History 3:00 Show & Tell